

UNIVERSITY OF ZAGREB SCHOOL OF MEDICINE

Plan of the course

School and University Medicine

Academic year **2018/2019**

doc. dr. sc. Vera Musil

I. COURSE AIMS

The course aim is to prepare students for recognition of schoolchildren and university student's specific needs, influence of school/educational system on health and main principles of health care, emphasising preventive measures and health promotion. Preventive measures include: general medical examination/check up, control examination, common disorders and diseases screening, growth and mature estimation, recognition of differences from standards, detection of risk behaviour, nicotine, alcohol and drug abuse, counselling and lecturing of normal schoolchildren and university students. Schoolchildren and university students with special needs are also covered with school medicine service.

II. COURSE STRUCTURE

Course hours:

Lectures: 8

Seminar: 4

Special clinical practicals: 6

Total hours: 18

1. Lectures (L) - 8 h

2. Interactive seminars (S) - 4 h

3. Practical (P) - 6 h

Total: 18 h

III. PLAN OF THE COURSE AND COURSE SCHEDULE

BLOCKS OF THE COURSE

Number of blocks: 1

Block number	Start	End
1.	25.3.2019	29.3.2019

BLOCKS OF THE COURSE

Number of blocks: 1

Block number	Start	End
1.	25.3.2019	29.3.2019

BLOCKS OF THE COURSE SCHEME

Block 1

Date	Time	Group	Course hours type	Theme	Teaching staff
Monday 25.3.2019.	09:00-09:45; ŠNZ O	1,2	Lectures	General principles and objectives of school children and university students	doc. dr. sc. Vera Musil
	09:45-10:30; ŠNZ O	1,2	Lectures	Development of school medicine in Croatia and other countries	doc. dr. sc. Vera Musil

Date	Time	Group	Course hours type	Theme	Teaching staff
	11:00-11:45; ŠNZ O	1,2	Lectures	Requisitions and needs of school children and university students	doc. dr. sc. Vera Musil
	12:00-12:45; ŠNZ O	1	Seminar	Health and social problems of elementary and high school children and university students	doc. dr. sc. Vera Musil
	12:00-12:45; ŠNZ E	2	Seminar	Health and social problems of elementary and high school children and university students	dr. sc. Marjeta Majer
Tuesday 26.3.2019.	08:00-10:15; Nina Petričević, dr. med., TIM NOVI ZAGREB SIGET	1	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Nina Petričević, dr. med.
	08:00-10:15; Branka Puškarić-Saić, dr. med. univ. mag. med., TIM TRNJE	2	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Branka Puškarić-Saić, pred.
	08:00-10:15; dr.sc. Vera Musil, dr.med., TIM CENTAR	3	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	doc. dr. sc. Vera Musil
	08:00-10:15; Vlasta Mandac, dr. med., TIM MAKSIMIR	4	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Vlasta Mandac
	08:00-10:15; Sandra Latković Prugovečki, dr. med., TIM DUBRAVA	5	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Sandra Latković Prugovečki
	08:00-10:15; Ljiljana Josipović, dr. med., TIM DUBRAVA	6	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Ljiljana Josipović
	08:00-10:15; Zorana Galić, dr. med., TIM MEDVEŠČAK	7	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Zorana Galić

Date	Time	Group	Course hours type	Theme	Teaching staff
	08:00-10:15; Tatjana Gadže-Okić, dr. med., TIM NOVI ZAGREB DUGAVE	8	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Tatjana Gadže Okić
	08:00-10:15; Neda Ferenčić Vrban, dr. med., TIM SUSEDGRAD GAJNICE	9	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Neda Ferenčić Vrban, dr. med.
	08:00-10:15; Ljiljana Đurić, dr. med., TIM TREŠNJEVKA KNEŽIJA	10	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Ljiljana Đurić, dr. med.
	08:00-10:15; Dajana Malenica, dr. med., TIM MAKSIMIR	11	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Dajana Malenica, dr. med.
	08:00-10:15; Maja Juroš, dr. med., TIM MAKSIMIR	12	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Maja Juroš
	08:00-10:15; Andrea Kružić Lulić, dr. med., TIM VELIKA GORICA 2	13	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Andrea Kružić Lulić, dr. med.
	08:00-10:15; ŠNZ terenske vježbe	14	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	dr. sc. Marjeta Majer
	08:00-10:15; Marija Posavec, dr. med., TIM MIROGOJSKA 16	16	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Marija Posavec

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	08:00-10:15; Biserka Labavić, dr. med., TIM SESVETE	17	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Biserka Labavić, dr. med.
	08:00-10:15; Lara Dadić, dr. med., TIM SAMOBOR 2 I, TIM ZAPREŠIĆ 2	18	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Lara Dadić, dr. med.
	08:00-10:15; dr. sc. Andrea Veček, dr. med., TIM MEDVEŠČAK, ZAGREB	20	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	dr. sc. Andrea Veček
	08:00-10:15; Ivanka Koder Krištof, dr. med., TIM CENTAR 2	21	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Ivanka Koder-Krištof
	08:00-10:15; HZJZ Edukacijski centar	22	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	dr. sc. Ivana Pavić Šimetin
	08:00-10:15; HZJZ Velika vježbaonica	23	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	dr. sc. Iva Pejnović Franelić
	08:00-10:15; Ivana Aušperger-Majcen, dr. med., TIM TREŠNJEVKA KNEŽIJA	19	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Ivana Aušperger Majcen, dr. med.
	08:00-10:15; Tatjana Petričević Vidović, dr. med., TIM CENTAR 4	24	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Tatjana Vidović-Petričević

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	10:15-12:30; ŠNZ terenske vježbe	15	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Dorja Vočanec, dr. med.
Wednesday 27.3.2019.	08:00-10:15; Nina Petričević, dr. med., TIM NOVI ZAGREB SIGET	1	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Nina Petričević, dr. med.
	08:00-10:15; Branka Puškarić-Saić, dr. med. univ. mag. med., TIM TRNJE	2	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Branka Puškarić-Saić, pred.
	08:00-10:15; dr.sc. Vera Musil, dr.med., TIM CENTAR	3	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	doc. dr. sc. Vera Musil
	08:00-10:15; Vlasta Mandac, dr. med., TIM MAKSIMIR	4	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Vlasta Mandac
	08:00-10:15; Sandra Latković Prugovečki, dr. med., TIM DUBRAVA	5	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Sandra Latković Prugovečki
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	08:00-10:15; dr. sc. Andrea Veček, dr. med., TIM MEDVEŠČAK, ZAGREB	20	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	dr. sc. Andrea Veček
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	08:00-10:15; HZJZ, Biblioteka	23	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	dr. sc. Iva Pejnović Franelić
	08:00-10:15; Tatjana Petričević Vidović, dr. med., TIM CENTAR 4	24	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Tatjana Vidović-Petričević

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	10:15-12:30; ŠNZ terenske vježbe	15	Special clinical practicals	Practical in Public Health Institute "DR. ANDRIJA ŠTAMPAR" Department of school and adolescent medicine-providing of preventive and specific health care: anthropometric measurement, counselling, health promotion and vaccination with supervision of school medicine specialists (3P)	Dorja Vočanec, dr. med.
Thursday 28.3.2019.	09:00-09:45; ŠNZ O	1	Seminar	Oral presentations /report of practical in Department for school and university medicine	doc. dr. sc. Vera Musil
	09:00-09:45; ŠNZ E	2	Seminar	Oral presentations /report of practical in Department for school and university medicine	dr. sc. Marjeta Majer
	09:45-10:30; ŠNZ O	1,2	Lectures	Reports regarding health status of school children and university students	doc. dr. sc. Vera Musil
	10:45-11:30; ŠNZ O	1,2	Lectures	General medical examination/check up	doc. dr. sc. Vera Musil
	12:00-12:45; ŠNZ O	1	Seminar	Mental & reproductive health in school aged children and adolescents	doc. dr. sc. Vera Musil
	12:00-12:45; ŠNZ E	2	Seminar	Mental & reproductive health in school aged children and adolescents	dr. sc. Marjeta Majer
	12:45-13:30; ŠNZ O	1	Seminar	Chronic diseases in school aged children and adolescents	doc. dr. sc. Vera Musil
	12:45-13:30; ŠNZ E	2	Seminar	Chronic diseases in school aged children and adolescents	dr. sc. Marjeta Majer
Friday 29.3.2019.	09:00-09:45; ŠNZ O	1,2	Lectures	Specific medical examination before entering educational/school system	doc. dr. sc. Vera Musil
	09:45-10:30; ŠNZ O	1,2	Lectures	Influence of school and school settings on health status of school children and university students – Health Promoting School	doc. dr. sc. Vera Musil
	10:45-11:30; ŠNZ O	1,2	Lectures	Education of children with special needs, Evaluation	doc. dr. sc. Vera Musil

Number of turns: 1

Turn lasts 1 week (5 days)

Date of turn: **25. - 29.03.2019.**

IV. EXAMINATIONS

IV. EXAMINATIONS

A. Exam will be in a form of written essay (1000 words) about organisation of care for school children and adolescents (in the country from where student comes from).**B. Types of examination and examination dates**

Additional term

01.04.2019.

Regular terms

06.05.2019.

10.06.2019.

01.07.2019.

02.09.2019.

V./I. LIST OF LECTURERS AND TEACHING STAFF

1. doc. dr. sc. Vera Musil

2. dr. sc. Marjeta Majer

3. prof. dr. sc. Vesna Jureša

4. Dorja Vočanec, dr. med.

5. prof. dr. sc. Gordana Pavleković

V./II EXTERNAL ASSOCIATES:

1. dr. sc. Iva Pejnović Franelić

2. dr. sc. Ivana Pavić Šimetin

3. Branka Puškarić-Saić, pred.

4. Tatjana Vidović-Petričević

5. Vlasta Mandac

6. Dajana Malenica, dr. med.

7. Marija Posavec

8. Ljiljana Josipović

9. Tatjana Gadže Okić

10. Zorana Galić

11. Neda Ferenčić Vrban, dr. med.

12. Maja Juroš

13. Sandra Latković Prugovečki

14. Biserka Labavić, dr. med.

15. Ljiljana Đurić, dr. med.

16. Nina Petričević, dr. med.

17. Andrea Kružić Lulić, dr. med.

18. Ivanka Koder-Krištof

19. dr. sc. Andrea Veček

20. Ivana Aušperger Majcen, dr. med.

21. Lara Dadić, dr. med.

V./III UNTENURED LECTURERS:

VI. LITERATURE

VII. LITERATURE

A. Obligatory

1. Detels R, Beaglehole R, Lansang MA, Gulliford M. Textbook of Public Health, Fifth Edition. London: Oxford University Press, 2011. (selected chapters)
2. Lawrence S Neinstein et al: Adolescent health care: a practical guide. Philadelphia, Lippincott Williams & Wilkins; 2008. (selected chapters)
3. Gail B Slap. Adolescent medicine. Philadelphia, PA Mosby/Elsevier; 2008. (selected chapters)

B. Additional

Additional literature will be assigned individually during the seminar preparations:

Mental Health of School Children and Youth

1. Wagner G, Zeiler M, Waldherr K, Philipp J, Truttmann S, Dür W, Treasure JL, Karwautz AFK. Mental health problems in Austrian adolescents: a nationwide, two-stage epidemiological study applying DSM-5 criteria. *Eur Child Adolesc Psychiatry*. 2017;26(12):1483-1499. doi: 10.1007/s00787-017-0999-6.
2. Mustonen A, Niemelä S, McGrath JJ, Murray GK, Nordström T, Mäki P, Miettunen J, Scott JG. Adolescent inhalant use and psychosis risk - a prospective longitudinal study. *Schizophr Res*. 2018; pii: S0920-9964(18)30270-6. doi: 10.1016/j.schres.2018.05.013. [Epub ahead of print]
3. Mustonen A, Niemelä S, Nordström T, Murray GK, Mäki P, Jääskeläinen E, Miettunen J. Adolescent cannabis use, baseline prodromal symptoms and the risk of psychosis. *Br J Psychiatry*. 2018;212(4):227-233. doi: 10.1192/bjp.2017.52.
4. Agnew-Blais JC, Polanczyk GV, Danese A, Wertz J, Moffitt TE, Arseneault L. Young adult mental health and functional outcomes among individuals with remitted, persistent and late-onset ADHD. *Br J Psychiatry*. 2018;29:1-9. doi: 10.1192/bjp.2018.97. [Epub ahead of print]
5. Takeuchi H, Taki Y, Asano K, Asano M, Sassa Y, Yokota S, Kotozaki Y, Nouchi R, Kawashima R. Impact of frequency of internet use on development of brain structures and verbal intelligence: Longitudinal analyses. *Hum Brain Mapp*. 2018. doi: 10.1002/hbm.24286. [Epub ahead of print]
6. Brownlie E, Beitchman JH, Chaim G, Wolfe DA, Rush B, Henderson J. Early Adolescent Substance Use and Mental Health Problems and Service Utilisation in a School-based Sample. *Can J Psychiatry*. 2018 Jan 1;706743718784935. doi: 10.1177/0706743718784935. [Epub ahead of print]
7. Leiner M, Dwivedi AK, Villanos MT, Singh N, Blunk D, Peinado J. Psychosocial profile of bullies, victims, and bully-victims: a cross-sectional study. *Front Pediatr*. 2014 Jan 14;2:1.
8. Holt MK, Vivolo-Kantor AM, Polanin JR, Holland KM, DeGue S, Matjasko JL, Wolfe M, Reid G. Bullying and suicidal ideation and behaviors: a meta-analysis. *Pediatrics*. 2015;135(2):e496-509. doi: 10.1542/peds.2014-1864.
9. Lee B, Jeong S, Roh M. Association between body mass index and health outcomes among adolescents: the mediating role of traditional and cyber bullying victimization. *BMC Public Health*. 2018;18(1):674. doi: 10.1186/s12889-018-5390-0.
10. Picazo-Zappino J. Suicide among children and adolescents: a review. *Actas Esp Psiquiatr*. 2014 May;42(3):125-32. Epub 2014 May 1
11. McGovern CM, Militello LK, Arcoletto KJ, Melnyk BM. Factors Associated with Healthy Lifestyle Behaviors among Adolescents. *J Pediatr Health Care*. 2018. pii: S0891-5245(17)30686-7. doi: 10.1016/j.pedhc.2018.04.002. [Epub ahead of print]

Reproductive Health of Youth

1. Finer LB, Philbin JM. Sexual Initiation, Contraceptive Use, and Pregnancy Among Young Adolescents. *Pediatrics*. 2013;131(5):886-91.
2. Hibler Han K, Majer M, Jureša V. Seksualno ponašanje dviju generacija studenata u Osijeku. *Paediatr Croat*.

2018;62:34–42.

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